

PT653 Trauma & Healing (Master's-Level)**

Instructor	Dr. Pat Fosarelli
Schedule	Mondays, 6:00 – 8:30 pm
Description	<p>Trauma is a devastating psychological catastrophe that overwhelms the capacity to cope. Because it shatters own expectations of how life should be, it is often a spiritual crisis as well.</p> <p>This course provides an immersion in understanding the spectrum and nature of trauma, along with its profound effects on body, brain, psyche, and spirit. This course also explores the many ways that healing can occur...even after a single, massive trauma or a series of smaller (but significant) traumas.</p>
Requirements	Reading: No more than 900 pages
	Writing: 20-28 pages over 3 assignments

Required Texts:

Author and Title (Press, Year, Edition)	Cost	Pages to be read
Deborah van Deusen Hunsinger, <i>Bearing the Unbearable</i> (Eerdman, 2015); ISBN: 978-0802871039	\$20.99	150
Bessel Van der Kolk, <i>The Body Keeps Score</i> (Viking, 2014). ISBN: 978-0670785933	\$11.29	300
Serene Jones, <i>Trauma & Grace</i> (W/JK, 2009). ISBN: 978-0664234102	\$20.49	150
Donna Nakazawa, <i>Childhood Disrupted</i> . (Atria Press, 2016) ISBN: 978-1476748368	\$12.50	250

**Students taking this course at the doctoral level (DM869) should contact the instructor directly for additional readings and assignments.