

ST. MARY'S SEMINARY & UNIVERSITY

Founded 1791

The Center for Continuing Formation *presents*

Come Away and Rest Awhile: A RETREAT DAY FOR HEALTHCARE PROVIDERS

A day of faithful support for the few who often give everything in service to the health of the many.

FRIDAY

OCTOBER 18, 2024*

9:00 AM-4:00 PM EDT

The Center for Continuing Formation at
ST. MARY'S SEMINARY & UNIVERSITY
Baltimore, MD



* On October 18, the Church celebrates the Feast of St. Luke, evangelist and physician—patron saint of doctors and surgeons. It is, therefore, a most appropriate retreat day for those in the field of healthcare.

Today's physicians, nurses, and other healthcare providers witness events that are exhilarating... and events that are devastating. Situations full of joy; situations full of sorrow.

How does our Christian faith inform our work and support us when that work does not always lead to successful outcomes? How can we be healed when the work of healing leaves us wounded?

"Jesus said, 'Come away to a deserted place all by yourselves and rest a while.' For many were coming and going, and they had no leisure even to eat" (Mark 6:31). Join us for a one-day retreat for healthcare personnel. "Come away" for needed rest and restoration in the midst of a hectic profession.

This day will offer presentations from physician-theologian Dr. Pat Fosarelli along with time for solitude, prayer, and conversations with individuals all experiencing the highs and lows of the sacred work of caring for others.

Dr. Pat Fosarelli—physician, practical theologian and faculty member at St. Mary's—received her M.D. from the University of Maryland School of Medicine, her M.A. in Theology from St. Mary's Ecumenical Institute, and her D.Min. in Spirituality from Wesley Theological Seminary. She teaches in the areas of spirituality and pastoral care—especially where faith intersects critical transitions like childhood and family, aging and death, and the search for spiritual growth.

Dr. Fosarelli is the co-author or sole author of twelve books in the fields of medicine and ministry, numerous articles in academic journals, and booklets for children and adults. She is a highly requested presenter and retreat leader in the Baltimore-Washington area.



Cost is \$125.00 (program cost includes lunch, snacks, hospitality.)

Register and find additional information at: stmarys.edu/center/healthcare-retreat.