

ST. MARY'S  
SEMINARY & UNIVERSITY

Founded 1791

The Center for Continuing Formation



*Onsite  
Formational/Training  
Programs and Retreats*

2024-2025

[stmarys.edu/center](https://stmarys.edu/center)

# CONTENTS and INTRODUCTION

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## Introduction

The Center for Continuing Formation at St. Mary's Seminary & University offers a selection of onsite programs for priests and pastors that serve the entire "presbyteral life cycle." In this booklet you will find retreats, conferences, and trainings for newly ordained, pastors-recently-named, priests on sabbatical, senior clergy entering or living their "third act," and more.

We will revise this publication at regular intervals as new programs are continuously added. You will always find the most up-to-date listing of courses and programs on our website. All registrations are taken online.

For further information, visit us at:

<https://stmarys.edu/center/clergy-programs/>.

# NEW PASTORS PROGRAM

MONDAY-FRIDAY

NOVEMBER 11-15, 2024

**2025 NOW SCHEDULED:** NOVEMBER 10-14, 2025

5-Day Onsite Conference

## New Pastors Program

*The Center's most popular program.*

### Description

Join with those embarking on a new experience of pastoral leadership. For newly minted pastors or priests soon to be appointed pastors. To "become a pastor" is not just a change in title or role, but a time to acquire new skills and embrace the charisms of pastoral and spiritual leadership.



### Program Leadership

Msgr. Roger McGrath, Ph.D.,  
Diocese of Camden

### Presenter(s)

A team of pastors, lay professionals, and faculty presenters.

### Program Elements

#### MONDAY

Arrival between 4:00-5:00 PM

Welcome/Opening Dinner

#### TUESDAY-THURSDAY

Workshops, Discussions, Prayer, Daily Mass, Free-Time

*Each day, participants will be exposed to expert presenters covering key aspects of pastoral leadership such as administration, financial/personnel management, legal issues, ministerial direction, and spirituality.*



#### FRIDAY

Concluding Program

Departure at 12:00 NOON

# EMBRACING the THIRD ACT

MONDAY-FRIDAY

FEBRUARY 3-6, 2025

4-Day Onsite Program

## Embracing the Third Act

*A unique opportunity for senior priests.*

### *Description*

Whether you are anticipating, transitioning into, or living in retirement, this conference retreat provides you with the opportunities of practical wisdom and spiritual insights to enable you to flourish in this "Third Act" of priestly life.



### *Program Leadership*

Msgr. Roger McGrath, Ph.D., Diocese of Camden



# EMBRACING the THIRD ACT

*Program Excerpts* (may be changed before February 2025)

## MONDAY FEBRUARY 3, 2025

- Arrivals
- Welcome, Introductions/Expectations
- Dinner
- Session: Geography of Faith
- Night Prayer and Social

## TUESDAY-WEDNESDAY FEBRUARY 4-5, 2025

- Breakfast
- Morning Session
- Mass
- Lunch
- Rest and Recreation
- Afternoon Session
- Dinner
- Evening Session
- Guided Meditation/Night Prayer
- Social

*Sessions Include Topics Such As:*

- » Hopes and Desires for Retirement
- » Wisdom for a Healthy Retirement
- » Anticipating Minefields
- » Tools and Strategies for Practical Retirement Planning
- » Eschatological Realities
- » Practicalities (e.g., Wills, Advanced Medical Directives, Funeral Plans, etc.)



## THURSDAY FEBRUARY 6, 2025

- Mass
- Breakfast
- Summary Session
- Closing Prayer
- Departure



# CONFERENCE for RECENTLY ORDAINED

MONDAY-THURSDAY

SEPTEMBER 22-25, 2025

4-Day Onsite Assembly (with Optional Day of Recollection)

## Conference for Recently Ordained

### *Description*

Transition into ministry...Challenges and opportunities...Prayer and networking... Optional day of recollection...Academic, presbyteral, and pastoral updates.

The Center offers a new experience to support the journey of priests who have been ordained from 1-3 years.

### *Presenter(s)*

A team of presenters, facilitators, and faculty.

### *Program Leader*

Rev. Msgr. Fredrik Hansen, J.C.L., J.C.D.

Dean of Seminarians/Assistant Professor of Pastoral Studies  
St. Mary's Seminary & University



# CONFERENCE for RECENTLY ORDAINED

## Option 1

### SUNDAY

AFTERNOON Arrival and check-in  
Sandwiches/snacks  
available

### MONDAY-WEDNESDAY

MORNING Breakfast  
Lauds  
Morning Session  
Academic/Pastoral  
Updates  
Mass / Angelus

AFTERNOON Lunch  
Afternoon Session  
Academic/Pastoral  
Updates  
Eucharistic Adoration  
Vespers and  
Benediction  
Social  
Dinner

### THURSDAY

MORNING Breakfast  
Departure



## Option 2

### SUNDAY-WEDNESDAY

*Same Schedule as Option 1*

### THURSDAY

Day of Recollection  
(silence 9:15 AM-5:15 PM)

MORNING Breakfast  
Morning Session  
Ordination  
Promises and  
Prayer  
Mass / Angelus

AFTERNOON Lunch  
Afternoon Session  
Co-worker of the  
Bishop and  
Fellow Presbyters  
Eucharistic Adoration  
(confessors available)  
Vespers and  
Benediction  
Social  
Dinner

### FRIDAY

MORNING Mass,  
Conclusion,  
and Departure

# FORMING SUPERVISORS for VOCATIONAL SYNTHESIS

**BEGINNING JUNE 16-19, 2025**

A SIX-MONTH PROGRAM COMBINING AN IN-PERSON SEMINAR WITH ONLINE FOLLOW-UP SESSIONS

INCLUDES RESOURCE MATERIAL (BOTH PRINT AND DIGITAL) AS WELL AS ONLINE CONSULTATION/SUPPORT

4-Day Onsite Seminar and 8 Zoom Follow-Ups

## Forming Supervisors for Vocational Synthesis:

*A Program for Pastor-Supervisors and their Collaborators*

### *Description*

The *Program of Priestly Formation* (6th edition) offers a new vision of the final stage of preparation for the priesthood: the Vocational Synthesis stage. During this

stage, the primary formator of the newly ordained cleric is the pastor of the parish where the deacon is assigned. The pastor-supervisor and his collaborators need the *training, resources, and ongoing consultation and support* to embrace their responsibilities, further develop their skills, and expand their understanding of accompanying, supervising, evaluating, and assisting the deacon to achieve his formational goals and the benchmarks of the Vocational Synthesis Stage.



### *Presenter(s)*

A team of presenters, facilitators, and faculty.



# FORMING SUPERVISORS for VOCATIONAL SYNTHESIS

## Training and Follow-Up

### **PART 1: A FOUR-DAY ONSITE SEMINAR (JUNE 16-19, 2025)**

1. MONDAY: (arrival in afternoon, dinner, opening session) Exploring Church Documents with Facilitated Discussion.
2. TUESDAY: Supervision/Assessing Ministry.
3. WEDNESDAY: Teaching and Evaluating Homilies/The Final Evaluation.
4. THURSDAY: Overview/Transition into the Zoom Series (departure).

### **PART 2: SUPERVISION/ACCOMPANIMENT FOLLOW-UP**

*(Four Zoom Sessions)*

*August 2025*

1. Supervising. *Zoom Meeting 1*
2. Evaluating Ministry. *Zoom Meeting 2*

*September 2025*

3. Evaluating homilies. *Zoom Meeting 1*
4. Final written evaluation. *Zoom Meeting 2*

### **PART 3: PREPARING FOR THE SYNTHESIS STAGE**

*(Four Zoom Sessions)*

*October 2025*

1. Implementing a parish-based program of formation, pastoral ministry, entry into the diocese. *Zoom Meeting 1*
2. Individual session with a priest-mentor/formator in seminary (on supervising/accompanying). *Zoom Meeting 2*

*November 2025*

3. Individual session with a priest-mentor/formator in seminary (on evaluations). *Zoom Meeting 1*
4. Conclusion, Final Q&A with Transition to Ongoing Consultation/Support. *Zoom Meeting 2*

### **PART 4: ONGOING ACCOMPANIMENT**

*(Resourcing and Consultation)*

**Resources**—Each participant will receive and have access to a variety of both print and digital resources, articles, sample forms, etc. concerning all content areas.

**Consultation/Support**—Each pastor will have access to ongoing support and consultation with a formation specialist.

# PRONUNCIATION for PASTORS

OFFERED ONSITE OR ONLINE  
SCHEDULED AS NEEDED

Three 4-6 Session Courses (Synchronous and Asynchronous)

## Pronunciation for Pastors: *A Program for International Priests*

- *Three levels, placement determined by pre-assessment diagnostic.*
- *Individualized instruction with lessons and feedback.*
- *In-person or Online.*

### *Description*

Each course will be six weeks long, including both asynchronous and synchronous elements. Participants should expect to spend 4-6 hours a week, (includes lessons, feedback, and 30-60 minutes of real-time, individualized instruction). Individualized instruction occurs either in-person or via Zoom, depending on students' schedules and preferences. At enrollment, participants use a diagnostic to determine which level would be most appropriate.

### *Presenter*

Emily Hicks, M.A., S.T.L.

### *Levels/Courses*

**LEVEL 1: The Basics**—Six detailed lessons, with video and interactive software, to cover the following topics: Individual Sounds, Syllables and Word Endings, Word Stress, Sentence Stress, and Thought Groups, Linking and Blending, Focus and Intonation.

**LEVEL 2: The Lectionary and Common Prayers**—Proclamation skills, emphasizing thought groups, intonation, and focus words. Practice proclaiming various genres in the lectionary as well as common prayers, including the Eucharistic Prayers.

**LEVEL 3: Homilies and Dialogue**—Focus on North American conventions for homilies and review pronunciation strategies clear for preaching and effective dialogue. Proceeding from the liturgical calendar, students will analyze homilies as well as receive feedback on their pronunciation for their own homilies.



# DAYS for HEALTHCARE/HOSPICE PROVIDERS

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FRIDAY

**OCTOBER 18, 2024**

9:00 AM-4:00 PM EDT

## **Come Away and Rest Awhile**

*A Retreat Day for Healthcare Providers*

### *Description*

*How does our Christian faith inform our work and support us when that work does not always lead to successful outcomes? How can we be healed when the work of healing leaves us wounded? This day will offer presentations from physician-theologian Dr. Pat Fosarelli along with time for solitude, prayer, and conversations with individuals all experiencing the highs and lows of the sacred work of caring for others.*

### *Presenter*

Dr. Pat Fosarelli—physician, practical theologian and adjunct faculty member at St. Mary’s—received her M.D. from the University of Maryland School of Medicine, her M.A. in Theology from St. Mary’s Ecumenical Institute, and her D.Min. in Spirituality from Wesley Theological Seminary. Dr. Fosarelli is the co-author or sole author of twelve books in the fields of medicine and ministry, numerous articles in academic journals, and booklets for children and adults. She is a highly requested presenter and retreat leader in the Baltimore-Washington area.



Register and find additional information at:  
[stmarys.edu/center/healthcare-retreat](https://stmarys.edu/center/healthcare-retreat).

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**COMING MARCH 19, 2025**

*A Retreat Day for Hospice/Palliative Care Providers*

# SABBATICALS and CUSTOM PROGRAMS

## Priest Sabbaticals at St. Mary's

*Customized for Your Own Personal, Spiritual, Intellectual, and Pastoral Goals.*

St. Mary's offers a Sabbatical program that is designed with the priest himself, tailored to his goals. Each Sabbatical experience is different because each priest pursues individual goals.

The core of the Sabbatical is the opportunity to audit classes in the School of Theology and St. Mary's Ecumenical Institute and to sit in on other offered programs during his Sabbatical time. Onsite spiritual direction is available and the greater Baltimore-Washington area is home to numerous other intellectual, spiritual, and cultural programs and locations.



## Programs for Presbyterates Programs for Parish Staff Development Programs for Diocesan Leadership Development

Rather than offering a one-size-fits-all package for presbyteral meetings or parish/diocesan staff training and development, the Center offers custom-designed programs to fit each particular set of needs. The Center will work with diocesan directors and their commissions, pastors and pastoral ministers, and other leaders to develop an appropriate program, Center staff will propose presenters for approval, and then contract with these presenters. From start to finish, the Center provides its signature hospitality and professional event coordination.

# THE JUBILEE CELEBRATION SERIES 2025



## *Coming in 2025!*

On December 24, 2024 Pope Francis will open the Holy Door of St. Peter's Basilica, beginning the 2025 Jubilee Year. The Center for Continuing Formation joins the whole Church in celebrating this special period of grace. We will offer special programs, onsite, livestreamed, and/or recorded for later online viewing.

As Pilgrims of Hope, look for further information about the upcoming programs of **Jubilee Priest**, **Jubilee Deacon**, **Jubilee Leader**, and **Jubilee Disciple**.

Join us for "a year acceptable to the Lord" (Lk. 4:19).

*"We must fan the flame of hope that has been given us, and help everyone to gain new strength and certainty by looking to the future with an open spirit, a trusting heart and far-sighted vision. The forthcoming Jubilee can contribute greatly to restoring a climate of hope and trust as a prelude to the renewal and rebirth that we so urgently desire; that is why I have chosen as the motto of the Jubilee, Pilgrims of Hope."*

Pope Francis

## ***Also Coming in 2025!***

**AUGUST 12-14, 2025**

**Mentoring Training for Recently Ordained, New Pastors, and International Priests**

*with Two-hour Online Follow-up Sessions through Fall 2025.  
More information coming soon.*

# THE 2024-2025 PROGRAM CALENDAR

## OCTOBER 2024

18 Come Away and Rest Awhile:  
*A Retreat Day for Healthcare Providers* (p.9)

## NOVEMBER 2024

11-15 New Pastors Program (p.1)

## THROUGHOUT 2025

TBD The Jubilee Celebration Series 2025 (p.11)

## FEBRUARY 2025

3-7 Embracing the Third Act (p.2-3)

## MARCH 2025

19 *A Retreat Day for Hospice/Palliative Care Providers* (p.9)

## JUNE 2025

16-19 Forming Supervisors for Vocational Synthesis (p.6-7)  
Beginning 4-Day Onsite Seminar;  
Online Sessions Continue August-November

## AUGUST 2025

12-14 Mentoring Training for Recently Ordained, New Pastors,  
and International Priests—online sessions follow (p.11)

## SEPTEMBER 2025

22-25 Conference for Recently Ordained (p.4-5)

## NOVEMBER 2025

10-14 New Pastors Program (p.1)

## Scheduled As Needed

Pronunciation for Pastors (p.8)

Priest Sabbaticals at St. Mary's (p.10)

Programs for:

Presbyterates

Parish Staff Development

Diocesan Leadership Developments (p.10)

*When you come to a program or retreat at St. Mary's Center for Continuing Formation you enjoy...*



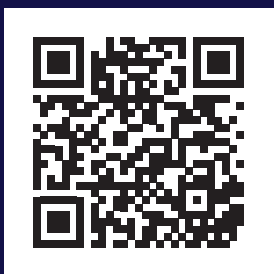
- A forty-acre campus with paths, mature trees, and a Marian grotto.
- Two chapels and an oratory for prayer and worship.
- Hospitality areas for networking and socials.
- Hotel-quality guest rooms, each with a private bath, climate control, study area, phone, voice-mail, and Wi-Fi.
- A state-of-the-art conference room.
- St. Mary's Knott library, including the Raymond Brown collection, the John Paul II Center, and the largest collection of resources for theological inquiry in the Baltimore area.
- The Associated Archives that comprise the combined archives of St. Mary's Seminary & University, the U.S. Province of the Society of St. Sulpice, and the Archdiocese of Baltimore (the latter including some of the earliest experiences of Catholics in the United States).
- A fully equipped fitness center.
- Outstanding food service.
- A community of faculty, formators, staff, and seminarians renowned for their hospitality and service.



*Find up-to-date information about all programs  
on our website.*

All registrations are made online.  
Payments are made online or invoiced.

*Program information is updated regularly.*



Visit

<https://stmarys.edu/center/clergy-programs/>