

ST. MARY'S
SEMINARY & UNIVERSITY

Founded 1791

The Center for Continuing Formation *presents*

Come Away and Rest Awhile

A DAY OF REFLECTION AND REPLENISHMENT FOR
PALLIATIVE CARE AND HOSPICE PROFESSIONALS

MONDAY

APRIL 7, 2025

9:00 AM-4:00 PM EDT

The Center for Continuing Formation at
ST. MARY'S SEMINARY & UNIVERSITY
Baltimore, MD

Cost is \$125.00 (program cost includes lunch, snacks, hospitality).

Register and find additional information at: stmarys.edu/center/palliativehospice-retreat.

*Providing care for those who are dying and their families is intensive ...
but it is a sacred privilege as well.*

Accompanying those who are making the transition from this life to the next—and their loved ones as well—is not just a job, but a true covenantal relationship. Health care providers engaged in this work know all too well that it involves both times for “doing” and times for “being;” times of sorrow and times of joy and peace.

Persons of faith know that there is more than this life, but ... there are still some days that are so long, so difficult. After giving so much of themselves, they need to be replenished.

“Come away for a while and rest” MARK 6:31

Join us for a day of reflection, rest, and replenishment. Led by Dr. Pat Fosarelli, a physician and pastoral theologian, this day will provide presentations, discussions, prayer, and—most importantly—time for simply being with God and others who are engaged in the same sacred work.



Dr. Pat Fosarelli—physician, practical theologian, and faculty member at St. Mary's—received her M.D. from the University of Maryland School of Medicine, her M.A. in Theology from St. Mary's Ecumenical Institute, and her D.Min. in Spirituality from Wesley Theological Seminary. She teaches in the areas of spirituality and pastoral care—especially where faith intersects critical transitions like childhood and family, aging and death, and the search for spiritual growth.

Dr. Fosarelli is the co-author or sole author of twelve books in the fields of medicine and ministry, numerous articles in academic journals, and booklets for children and adults. She is a highly requested presenter and retreat leader in the Baltimore-Washington area.